

ALPIC 2019

Advanced Learning on Platelets
& Thrombosis International Course

22-24/ March 2019
Diasselo Conference Center
METSOVO - GREECE

Course Directors

Alexandros Tselepis
Professor of Biochemistry-Clinical
Chemistry Department of Chemistry,
University of Ioannina

John Goudevenos
Emeritus Professor of Cardiology,
School of Medicine,
University of Ioannina

Organizer:



European and Mediterranean League
Against Thrombotic Diseases

Under the auspices of:



University
of Ioannina



Hellenic
Cardiological Society



Atherothrombosis
Research Centre,
University of Ioannina



Institute for the Study
and Education on Thrombosis
and Antithrombotic Therapy

Endorsed by:



International Society on Thrombosis and Haemostasis

The Course has been accredited
with **18 C.M.E. Credits**
by the Panhellenic Medical Association

www.alpic2019.gr

Final Programme

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WELCOME MESSAGE

We are pleased to welcome you to **ALPIC 2019** (Advanced Learning on Platelets & thrombosis International Course), the eight international scientific event on Platelets and Thrombosis, taking place this year at “Diasselo” Conference Center, in Epirus, Greece from **March 22nd to March 24th 2019**.

Since its inception in 2010, ALPIC has played a major role as a knowledge transfer forum for scientists in the current aspects of Platelet and Thrombosis research, ranging from the basic science to the clinical practice.

This year ALPIC is guided by EMLTD foundation and we are proud that it has gain worldwide warm acceptance and recognition for its scientific merit.

We do hope that this year ALPIC will strengthen the European and Mediterranean network for Thrombosis research and we do believe that a jointly organized programme with the contribution of our hosting partners, the Atherothrombosis Research Centre (ARC) of the University of Ioannina and the Institute for the Study and Education on Thrombosis and Antithrombotic Therapy (ISETAT), would become beneficial for all of us as and it would be an opportunity to bring together even more scientists and experts who will share current knowledge on various aspects of Thrombosis.

An internationally recognized panel of invited speakers will present state of the art lectures and will create an excellent opportunity for all participants to stimulate an extended and very constructive discussion both inside and outside the lecture hall. The Organizers will spare no effort to ensure that ALPIC 2019 will be an exciting and enriching experience. Looking forward to welcoming you and we wish you all enjoy ALPIC 2019 in the picturesque landscape offered by Metsovo and its mountainous landscape

With our best regards,

The President of the EMLTD Foundation
Professor Lina Badimon

ALPIC 2019 Course Directors
Professor John Goudevenos Professor Alexandros Tselepis

ALPIC ORGANIZERS & COMMITTEES

Organizer:



European and Mediterranean League
Against Thrombotic Diseases

Hosting Partners:



Atherothrombosis Research Centre,
University of Ioannina



Institute for the Study
and Education on Thrombosis
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International Society on Thrombosis and Haemostasis

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ALPIC ORGANIZERS & COMMITTEES

Local Scientific Committee

Dimitrios Alexopoulos	Christos Katsouras	Konstantinos Pappas
Athanasios Anadiotis	Marios Kolios	Minas Paschopoulos
Eleni Arnaoutoglou	Stavros Konstantinides	Sokratis Pastromas
Theodora Bampali	Charalampos Kossivakis	Gregory Pattakos
Fotios Barkas	Anna Kotsia	Sofia Peristeri
Apostolos Bissas	Stylianos Koutsias	Athanasios Pipilis
Alexios Boumpas	Ioannis Kyriazis	Eirini I. Rigopoulou
George N. Dalekos	Konstantinos Lagos	Savvas Sourmelis
Alexandros Dasoulas	Eleftheria Lefkou	Panagiotis Stafylas
Antonios Dimopoulos	Konstantinos Letsas	Dimitrios Stakos
Evangelia Dounousi	George Mablekos	Anastasios Sylakos
Stefanos Foussas	Ioannis Mantas	Areti Theodorou
Ioannis Gkirdis	Athanasios Margaritis	Konstantinos Toutouzas
Georgios Glantzounis	Miltiadis Matsagkas	Kosmas Tsakiridis
Dimitrios Godevenos	Haralampos Milionis	Marina Eirini Tselegkidi
John Goudevenos	Sotirios Mitsiadis	Alexandros Tselepis
Georgios Hahalıs	Carmen Moldovan	Stavroula Tsiara
Konstantinos Hastazeris	Katerina K. Naka	Georgios Tsvigoulis
Eleftheria Hatzimichael	Dimitrios Nikas	Demokritos Tsoukatos
Stavros Hatzimiliadis	Dimitrios Nikolopoulos	Apostolos Tzikas
Dimitrios Iliopoulos	Efrosyni Nomikou	Petros Tzimas
Rigas Kalaitzidis	George Ntaios	Ioannis Vakalis
Georgios Kalambokis	Emmanouil Papadakis	Vasileios Vassilikos
Kallirroı Kalantzi	Michael Papafaklis	Emmanouil Vavouranakis
Ioannis Kanakakis	Spyridon Papaioannou	
Dimitrios Kantas	Panagiotis Papanagiotou	

International Scientific Advisory Board

Badimon Lina (Spain)	Mallett Susan (UK)
Brillakis Manos (USA)	Michelson Alan (USA)
Cattaneo Marco (Italy)	Morrow David (USA)
Douketis James (Canada)	Padró Teresa (Spain)
Elalamy Ismail (France)	Paganelli Franck (France)
Falanga Anna (Italy)	Papageorgiou Chrysoula (France)
Gerotziafas Grigoris (France)	Patrono Carlo (Italy)
Gilles Montalescot (France)	Price Matthew (USA)
Gurbel Paul (USA)	Schaefer Katrin (Germany)
Heptinstall Stan (UK)	Spyropoulos Alex (USA)
Larsen Annette (France)	Varon David (Israel)

Friday, March 22nd, 2019**10.30-12.30 Clinical Seminar: Multidisciplinary strategies to improve perioperative management of anticoagulant and antiplatelet therapy**

Moderators: John **Goudevenos**, Ioannis **Kanakakis**,
Dimitrios **Nikas**

Topics to be presented as a series of case studies:

- Thromboprophylaxis to Prevent VTE Among Hospitalized Patients
- Prophylaxis of VTE in Patients with Cancer surgically or medically treated
- To Continue Aspirin or not Perioperatively
- To Continue DOAC Around Minor Procedures
- ACS, cancer bleeding and DAPT management

Presenters: Antonios **Dimopoulos**, Marina Eirini **Tselegkidi**,
Athanasios **Pipilis**

Panellists:

Apostolos **Bissas**
Alexios **Boumpas**
Alexandros **Dasoulas**
Antonios **Dimopoulos**
Evangelia **Dounousi**
Dimitrios **Godevenos**

Stylianos **Koutsias**
Ioannis **Kyriazis**
Konstantinos **Lagos**
Athanasios **Margaritis**
Sotirios **Mitsiadis**
Sofia **Peristeri**

Friday, March 22nd, 2019**12.30-14.00 Clinical trials and top publications of antithrombotic therapy in 2018 - 2019**

Chairmen: Dimitrios **Iliopoulos**, Haralampos **Milionis**,
Emmanouil **Vavouranakis**

Presentation of the recent important trials and publications

Trials	Presenters
GLOBAL LEADERS, TiCAB	Theodora Bampali
ASCOT, ARRIVE, ASPREE	Marios Kolios
OAC ALONE	Ioannis Gkirdis
COMANDER HF	Anna Kotsia
GALILEO	John Goudevenos
NAVIGATE ESUS, POINT, DOWN DEFUSE 3	Georgios Ntaios
AVERT, CASSINI	Fotios Barkas
My Take Away ACC 2019	Dimitrios Alexopoulos

14.00-17.00 Break

Friday, March 22nd, 2019

17.00-17.30 Official opening of ALPIC 2019

Vice Rector of the University of Ioannina
Minas **Paschopoulos**

President of EMLTD Foundation
Lina **Badimon (Spain)**

Vice President of ISETAT
Alexandros **Tselepis**

President of the Hellenic Cardiological Society
John **Goudevenos**

17.30-19.00 State of the Art lectures

Chairmen: Lina **Badimon (Spain)**, George **Hahalis**

Tissue Factor Signaling: Beyond Coagulation in the
Cardiovascular System
Lina **Badimon (Spain)**

Platelet microparticles in health and disease
David **Varon (Israel)**

Platelet function and response to aspirin in patients with
Essential Thrombocythemia
Marco **Cattaneo (Italy)**

PCSK9 inhibitors reduce CVD risk by lipid lowering and affecting
platelet / inflammation pathways
Alexandros **Tselepis (Greece)**

Friday, March 22nd, 2019

19.00-21.00 Round Table: How to Approach Anticoagulant Treatment

Chairmen: Stefanos **Foussas**, Konstantinos **Toutouzas**

In Elderly Patients with AF
Vasileios **Vassilikos**

In AF Patients with a Prior Stroke
Sokratis **Pastromas**

In Patients with End Stage Renal Disease
Michael **Papafaklis**

In Patients with Heart Failure
Katerina **Naka**

In Patients with Diabetes
Kalliroy **Kalantzi**

In patients with AF and ACS
George **Hahalis**

21.00

Dinner

Saturday, March 23rd, 2019**08.30-10.30 Clinical Workshop: Antithrombotics. The Gap between Guidelines and reality**

Moderators: John **Goudevenos**, Vasileios **Vassilikos**,
Emmanouil **Vavouranakis**

Topics to be presented as a series of case studies:

- Triple therapy in cancer patient with ACS
- DAPT Duration After Left Main Coronary Stenting
- Rivaroxaban in Patients Following Isolated Mitral Valve Stenosis Replacement with a Mechanical Prosthesis, Do we use Risc scores?
- Restarting Antithrombotics After ICH ischemic stroke
- Anticoagulants before major surgery and in end stage CKD
- Anticoagulants after successful ablation
- LAA closure

Presenters: Ioannis **Gkirdis**, Carmen **Moldovan**,
Michael **Papafaklis**, Apostolos **Tzikas**

Panellists:

Konstantinos **Hastazeris**
Rigas **Kalaitzidis**
Dimitrios **Kantas**
Konstantinos **Letsas**
Ioannis **Mantas**

Georgios **Ntaios**
Konstantinos **Pappas**
Gregory **Pattakos**
Anastasios **Sylakos**
Kosmas **Tsakiridis**

10.30-11.00 Coffee Break

11.00-11.30 Satellite Lectures*(see page 22)*

Saturday, March 23rd, 2019**11.30-13.00 State of the Art Lectures**

Chairmen: Alex **Spyropoulos (USA)**, David **Varon (Israel)**

The Mariner Trial: what we have learned and next steps
Alex **Spyropoulos (USA)**

Thrombotic and bleeding outcomes following perioperative interruption of DOACs The PAUSE trial
James **Douketis (Canada)**

Incidence and predictors of bleeding in ACS patients treated with PCI and prasugrel or ticagrelor
Dimitrios **Alexopoulos**

Intravenous thrombolysis for acute ischemic stroke
George **Tsivgoulis**

13.00-14.30 Round Table: Cancer-Associated Thrombosis

Chairmen: Grigorios **Gerotziafas (France)**, Eleftheria **Hatzimichael**

Interactions of cancer cells with the microenvironment: The challenge of survival and the accident of thrombosis
Alexandros **Tselepis**

New risk assessment models for cancer associated thrombosis in patients with hematological malignancies
Efrosyni **Nomikou**

Personalized evaluation of the risk for Cancer Associated Thrombosis: The future in now
Eleftheria **Lefkou**

New therapeutic strategies for the prevention and treatment of Cancer Associated Thrombosis of Cancer: Challenges and hopes
Grigorios **Gerotziafas (France)**

Clinical Cases for the prevention and treatment of CAT
Emmanouil **Papadakis**

Saturday, March 23rd, 2019

14.30-16.30 Light Lunch Break

16.30-17.50 Round Table: Antithrombotic Therapy in Specific Populations

Chairmen: Miltiadis **Matsagkas**, Minas **Paschopoulos**

AF 2019 ACC, AHA HRS Guidelines
John **Goudevenos**

Thromboprophylaxis in pregnancy
Eleftheria **Lefkou**

Could Aspirin play a valuable role as additional treatment
for cancer?
Athanasios **Pipilis**

Antithrombotic treatment of PAD patients with AF
Miltiadis **Matsagkas**

17.50-18.20 Satellite Lecture

(see page 22)

Saturday, March 23rd, 2019**18.20-19.30 Meet the Experts: Perioperative Management of Anticoagulant and Antiplatelet therapy**Chairmen: Marco **Cattaneo (Italy)**, James **Douketis (Canada)**Use of DOACs in the Perioperative Management of AF Patients.
To Stop, Bridge or Continue?Emmanouil **Vavouranakis**Monitoring platelet function: what have we learned from
randomized clinical trials?Dimitrios **Alexopoulos**A clinical conundrum: to measure or not measure DOACs before
a surgery or procedure?

Pros

Eleni **Arnaoutoglou**

Cons

Petros **Tzimas****19.30-20.00 Satellite Lecture***(see page 22)***20.00-21.00 Meet the experts: Management of Venous Thromboembolism (VTE)**Chairmen: Stylianos **Koutsias**, Stavros **Konstantinides**What is the Rationale for DOAC in TAVR With or without AF
Konstantinos **Toutouzas**Does Aspirin or fast track techniques in total joint replacement
change our approach to VTE prophylaxisSavvas **Sourmelis**

VTE: what are we waiting from the new guidelines

Stavros **Konstantinides**

Sunday, March 24th, 2019**09.15-11.00 Round Table: Acute Stroke Management**

Chairmen: Georgios **Ntaios**, Haralampos **Milionis**

DOACs for Stroke Prevention after Embolic Stroke
of Undetermined Source

Georgios **Ntaios**

Preventing Cardioembolic stroke in AF patients with DOACs.
Practical Considerations on the Choice of Agent and Dosing
Dimitrios **Nikas**

RtPA use in the ER of a Regional Hospital
Haralampos **Milionis**

Endovascular Thrombectomy in Acute Ischemic Stroke
Panagiotis **Papanagiotou**

Panellists: George **Mablekos**, Dimitrios **Nikas**,
Dimitrios **Nikolopoulos**, Areti **Theodorou**,
Demokritos **Tsoukatos**, Ioannis **Vakalis**

Sunday, March 24th, 2019

11.00-12.30 Round Table: How to reverse bleeding in patients on OACs?

Chairmen: George **Hahalis**, Spyridon **Papaioannou**,
Vasileios **Vassilikos**

Defining the high bleeding risk patients. Consensus and
knowledge gaps

Haralampos **Kossivakis**

Laboratory parameters in urgent DOAC Reversal

Emmanouil **Papadakis**

How to reverse VKA?

Stavroula **Tsiara**

Reversal agents for DOACs

Christos **Katsouras**

12.30-14.00 Meet the Experts: Liver Disorders and Thrombosis

Chairmen: George N. **Dalekos**, Haralampos **Milionis**,
Demokritos **Tsoukatos**

A patient with portal venous thrombosis and non-cirrhotic portal
hypertension. What should I do?

Eirini **Rigopoulou**

A patient with decompensated cirrhosis and pneumonic emboli
due to DVT. What should I do?

Georgios **Kalambokis**

Do coagulation disorders affect surgery in liver cirrhosis?

George **Glantzounis**

Closing Remarks of ALPIC2019

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A

Dimitrios Alexopoulos 7, 11, 13, 22

Professor of Cardiology, University of Athens, Second Department of Cardiology, Athens General Hospital "Attikon", Athens

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Cardiologist, Ioannina

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Emmanouil Vavouranakis 7, 10, 13

Professor of Cardiology, Chairman, 3rd Department of Cardiology, Medical School, National and Kapodistrian University of Athens, Adjunct Professor of Cardiology, Ohio State University, Ohio, USA

SATELLITE LECTURES

Saturday, March 23rd, 2019

11.00-11.30 Satellite Lectures



Can we reverse ASCVD?

Chairman: John **Goudevenos**

Managing High and Very High CV Risk Patients: 2009 vs 2019
Athanasios **Anadiotis**

PCSK9i in the Big Picture of Health System & Economics
Panagiotis **Stafylas**

17.50-18.20 Satellite Lecture



Chairman: Stavros **Hatzimiltiadis**

The role of oral antiplatelet treatment in ACS management:
which patients, for how long and why
Dimitrios **Stakos**

19.30-20.00 Satellite Lecture



Chairman: John **Goudevenos**

Current data on antithrombotic treatment in patients with
atrial fibrillation and acute coronary syndrome/ PTCA
Dimitrios **Alexopoulos**

GENERAL INFORMATION

DATE & VENUE

ALPIC 2019 Course, is held from **Friday, March 22nd** to **Sunday, March 24th 2019** in Metsovo, at "**Diasselo**" **Conference Center**, Epirus, Greece. The Course commences with Registration on Friday, March 22nd in the morning, and concludes on Sunday, March 24th 2019 at noon.

EDUCATIONAL OBJECTIVES

This educational Course aims to promote and co-ordinate a critical and open discussion on several topics of Platelet and thrombosis research, ranging from basic science to the clinical practice, thus providing the attendees with a comprehensive overview on the established knowledge and ongoing evolution on Platelet pathophysiology and pharmacology. Participants will attend an intensive training programme focused on the role of Platelets in atherogenesis and cardiovascular disease as well as on the recent advances in antiplatelet and antithrombotic therapy. At the conclusion of the Course participants should be able to discuss on several aspects of Platelets and thrombosis covered by the Course and to integrate into their research projects and/or clinical practice the knowledge obtained through discussion with experts and review questions.

LANGUAGES

The official languages of the Course are **Greek** and **English**. The English language may be used widely especially in the presentations of the speakers to encourage the interaction in all scientific sessions of the English speaking faculty.

CREDITS

The Congress has been accredited with 18 C.M.E. Credits by the Panhellenic Medical Association

REGISTRATIONS

Registration cost: 200.00 euros plus 24% VAT

- Participation in all sessions
- Certificate of Attendance
- Course material

GENERAL INFORMATION

■ NAME BADGE-SCANNING

All participants, upon confirmation of their registration at the Secretariat, will be provided with a name badge that bears a unique barcode.

It must be clearly understood that barcode badges must be scanned **before entering AND after exiting the Lecture Hall.**

According to the National Organization of Medicines Regulation participation for at least of 60% of the total duration of the scientific programme must be secured and recorded!

Notes:

- It is obligatory - for all participants to wear their badges always during the Course.
- Barcode name badge already appointed for recording attendance cannot be replaced with a second badge.
- Name badges are also necessary for admittance to the social events.
- Please be returned to the Secretariat for receiving the Certificate of Attendance.
- Satellite Lectures and time slots for breaks will not be recorded.

■ CERTIFICATE OF ATTENDANCE

All registered participants are entitled to receive a Certificate of Attendance. The Certificate will be issued on Sunday, March 24th 2019 at the end of the Scientific Programme and only upon return of the name badge and the completed Evaluation Form at the Secretariat desk.

■ WEBSITE

The official Course website www.alpic2019.gr will provide the participants with a wide range of information. Participants are kindly requested to visit the site regularly for all updates.

GENERAL INFORMATION

■ PPT PRESENTATIONS

All who have presentations are kindly requested to deliver their presentation(s) in PPT format to the technical support personnel at least one (1) hour before the beginning of the Session (in order to ensure on time they run smoothly and to be able of making any possible changes). If the presentation is scheduled early in the morning, you are kindly requested to check your presentation with the technical support personnel the day before.

■ MOBILE PHONES

Everyone is requested to switch off his/her mobile phone while in session Halls.

■ LIABILITY AND INSURANCE

The Organizers as well as the Organizing-Administrative Bureau will assume no liability for injuries or losses of any nature incurred by participants and/or accompanying persons, or for the damage, loss or theft of their personal property during the Course. Participants are advised to take out their own health, travel and personal insurances.

■ CONTACT

**Organizing-Administrative Bureau/Secretariat:
Conferre SA**

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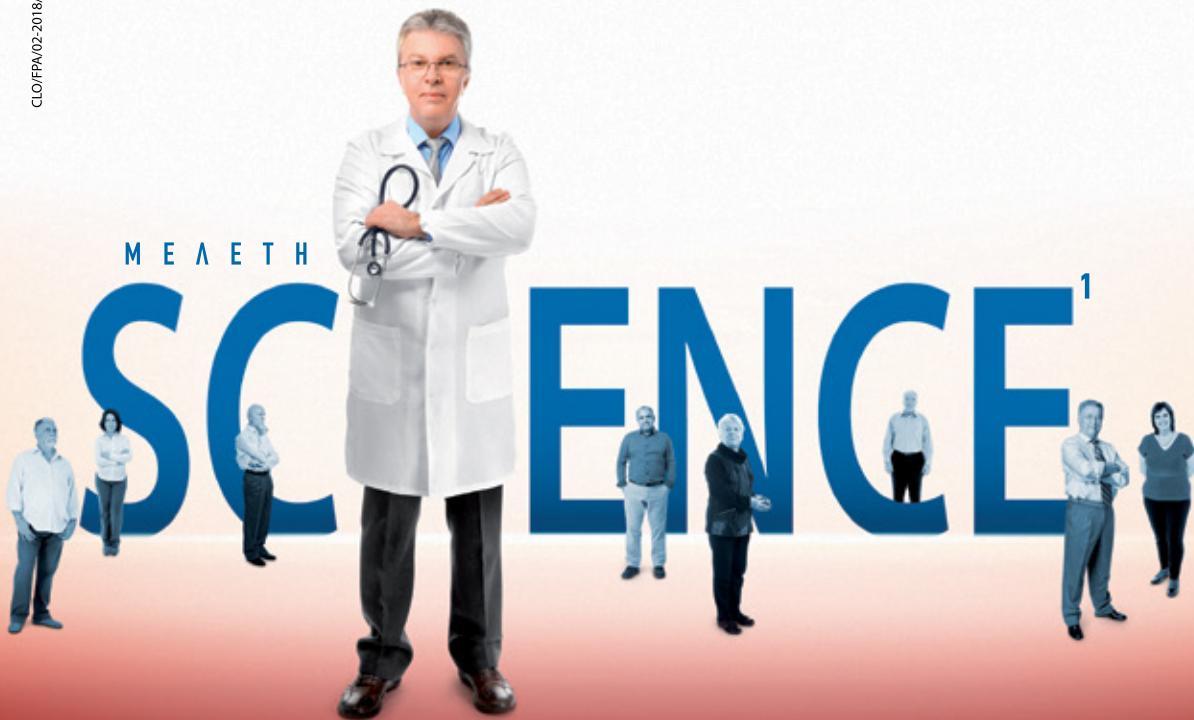
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1. Ntalas. Vi et al Salts of Clopidogrel: Investigation to Ensure Clinical Equivalence:

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